



HOSPICE
TORONTO

Our Programs

Funds are used to support our ongoing programs and services – and to expand and enhance those program initiatives that have demonstrated the greatest positive impact on patients and families.

Volunteer Services Program

Volunteers are the heart of Hospice Toronto. Our small professional staff team train and coordinate a large team of volunteers and it is these volunteers who provide all of the direct care and support to our clients as well as respite for their family.

Kits for Kids Program

This high-impact program, which includes a popular and very successful “expressive arts” component, supports children 4 to 10 years old who either have a life-threatening illness themselves or have a family member who is dying.

Bereavement Support Program

This program supports the psychological and spiritual needs of our clients’ families and our volunteers after the death of a client.

Information, Advocacy and Consultation

We strive to effectively deliver relevant educational information and referral services in response to an evolving healthcare community.

Complementary Therapy Program

The complementary therapy program provides a wide range of services, by a group of certified and trained therapists in a variety of modalities. Our professional volunteers offer the following treatments: Massage Therapy, Reflexology, Therapeutic Touch, Healing Touch, Reiki, Music Therapy and Legacy Work (recording a client’s biography through words and pictures). The program is one of our fastest growing with more than 50% of our clients benefiting from the expertise of our professional volunteers.

Expressive Arts Program (Adults)

These support groups include a combination of guided imagery, meditation and creative writing with an emphasis on relaxation, bereavement and loss. It provided participants with a time to explore feelings and memories, realize and potentially find release from losses and connect with others experiencing similar life circumstances.

Group participants enjoyed a variety of writing activities specially tailored to encourage and stimulate release from deeper places than they would normally access. Participants reported feeling rejuvenated and elevated - more at peace.

“The experience has been extremely enlightening, much more than I had hoped... Thank you for offering these sessions. I am in a better place in my life because of them”

- Support group participant